



West Winch Primary School

PE Policy 2026

INTENT

We recognise the value of Physical Education (PE) and ensure full coverage of the National Curriculum for PE to ensure that all pupils:

- develop competence to excel in a broad range of physical activities;
- are physically active for sustained periods of time;
- engage in competitive sports and activities;
- lead healthy, active lives.

IMPLEMENTATION

PE is taught at West Winch Primary School as a curriculum area in its own right, as well as being integrated where possible across other curriculum areas. It is taught for a minimum of two PE sessions each week. The key knowledge and skills for each topic are mapped across each year group, which ensures that children develop their knowledge and skills progressively and systematically – ensuring the programme of study for each year group builds on previous learning and supports preparation for subsequent years.

PE and Sports Specialists

Our provision is enhanced and supported by the use of visiting coaches, other sporting professionals and extra-curricular opportunities across the year. This enables us to provide a rich and stimulating physical activity curriculum – much of which is supported by our valuable Sport & PE Grant Funding. A forecast and review of this funding can be found on our school website.

IMPACT

At West Winch Primary School, we aim to ensure that our PE curriculum is progressive and allows children to develop fundamental skills and apply them across the full range of sports and activities. All children are provided with the opportunities to develop skills and to achieve their personal best. We encourage our pupils to be physically active and this has positive implications on their learning across all other aspects of school life. Children understand how to lead a healthy lifestyle and understand the importance of exercise. We hope children enjoy PE and develop a love of sport and physical activity, which they continue to pursue outside of school and in their future life beyond primary school and education. All pupils understand the values and importance of fair play and being a good sportsperson. Through our swimming sessions across Key Stage 2, we aim for all Year 6 pupils to leave school with the skills to self-rescue in the water and swim 25 metres competently. Booster swimming sessions each summer term are used to support those

children who have been identified as needing support with their swimming. This particular booster series of swimming lessons is provided through our Sport & PE funding.

Teaching and Learning Style

We use a variety of teaching and learning styles in PE lessons. Our principal aim is to develop the children's knowledge, skills and understanding and we do this through a mixture of whole-class teaching and individual/group activities. Teachers draw attention to good examples of individual performance as models for the other children and we encourage the children to evaluate their own work as well as the work of other children. Within lessons, we give the children the opportunity both to collaborate and to compete with each other, and they have the opportunity to use a wide range of resources.

We recognise the fact that there are children of different abilities and we provide suitable learning opportunities for all children by:

- setting common tasks which are open-ended and can have a variety of responses;
- setting tasks of varying difficulty, enabling all children to work to their full potential;
- providing a range of challenges using different resources;
- using teaching assistants to support the work of individual children or groups of children.

PE Curriculum Planning

PE is a foundation subject in the National Curriculum. Our school uses the national scheme of work as the basis for its curriculum planning in PE. We have adapted the national scheme to the local circumstances of the school. Outdoor & Adventurous Activities are covered through our full range of Outdoor Learning opportunities on the extensive school site. Each class has a PE curriculum target and curriculum coverage planner. These plans define what we teach and ensure an appropriate balance and distribution of work across each term for each class. We plan the PE activities so that they build upon the prior learning of the children. There is planned progression built into the PE scheme of work, so that all children are increasingly challenged as they move up through the school.

Early Years Foundation Stage (EYFS)

We encourage the physical development of our children in the reception class as an integral part of their work. The physical development of the children is related to the objectives set out in the EYFS Early Learning Goals for Physical Development. This sets a clear focus on the development of both fine and gross motor skills. We encourage the children to develop confidence and control of the way they move, and the way they handle tools and equipment. Through full access to the Physical Development EYFS curriculum, we give all children the opportunity to undertake activities that offer appropriate physical challenge, both indoors and outdoors.

Special Needs and the PE Curriculum

At West Winch Primary School, we teach PE to all children, whatever their ability. PE forms part of the school curriculum policy to provide a broad and balanced education to all children. Through a range of skilled approaches, we enable pupils to have access to the full range of activities involved in PE.

Assessment and Recording

Teachers assess children's work in PE by making assessments as they observe them working during lessons. This allows the teacher to make an annual assessment of progress for each child, as part of the child's annual report to parents.

Resources

We are well resourced for PE and have a wide range of resources to support the teaching of PE across the school. The hall contains a range of large apparatus and we expect the children to help set up and put away this equipment as part of their work. By so doing, the children learn to handle equipment safely. The children use the school field for games and athletics activities and the local swimming pool for swimming lessons.

Health and Safety

The general teaching requirement for health and safety applies in this subject. We encourage the children to consider their own safety and the safety of others at all times. We expect them to change for PE into the agreed clothing for each activity area. The governing body expects the teachers to set a good example by wearing appropriate clothing when teaching PE. The policy of the governing body is that no jewellery or watches are to be worn and that long hair is tied back for any physical activity. Children should not wear earrings for health and safety reasons (micropore tape or plasters can be used, but this does not give full protection and class teachers may want to request a signed disclaimer from parents).

Monitoring and Review

The monitoring of the standards of children's work and of the quality of teaching in PE is the responsibility of the PE Subject Leader and linked Subject Governor. The work of the Subject Leader also involves supporting colleagues in the teaching of PE, being informed about current developments in the subject, and providing a strategic lead and direction for the subject.

Adopted: Spring 2026

Review: Spring 2028



Heather Habbin - Chair of Governing Body